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Practical Partying

Multi-purpose parties

You're busy, we know. That long "Must-Do" list often outweighs the "Want-To" list. And get this—apparently multi-tasking is "out". But hold onto your checklist because apparently, the new term is multi-purposing. Multi-purposing allows you to check off your wants and your haves at the same time. For example, you want to get fit; you want to connect more with your friends and family; and you want to do something with all those great photos sitting in your hard drive. But you have too much to do: what with work, the household chores, the shopping, the chopping and the prepping. We say multi-purpose by getting your friends together and kill two birds with one stone.



The repetitiveness of preparing dinner is what makes it boring. You need a few new ideas and recipes, so why not invite a guest chef or caterer to come over and teach a few tricks of the trade? **Dish Cooking Studio** offers an in-home cooking party with many themed and interactive cooking [classes](#) for you and your friends to choose from. Alternatively, you can keep the mess out of your kitchen and take a group to [SupperWorks](#). They do all the prep work for you. All that's left is assembling the food, mingling with your friends and taking home a week's worth of ready-made meals for your family.

After eating your gastronomic masterpieces, you'll want to stay fit, of course. For time-starved mommies, [Yogamum](#) will come to your home for private group sessions and will even teach your kids some downward dogs too. (Prices are as low as \$10/person depending on the class.) For something a bit more "avant-garde" that will really make you sweat—**Flirty Girl Fitness** holds private parties in their studio or will send an instructor to your home. Classes range from pole dancing (note: only in the studio unless you have enough brass poles in your living room for all your friends) to salsalicious dancing to lap dancing with fun and funky grooves. Whatever the class, we can promise you will get a work out, and the instructors will not leave you feeling self-conscious. [Flirty Girl](#) offers great workouts in a safe environment for women to unleash their inner diva. House parties start at \$28 per person with a minimum requirement of 12 women.

Now that you look great, you can make sure your image is preserved properly in the photographs you take. Christina Shin from [Forget-me-not Photography](#) will come to your home and host a private

photography party (\$45 per person). She is prepared to assist with all levels of photographers, offering quick tips for photography and video, storage and display. Guests are encouraged to bring their own cameras for personal tips and troubleshooting. And just like at our kids' parties, Christina even brings her own loot bag with great giveaways.

Learn (check), Get fit (check), Have fun with friends (check). We think multi-purpose parties sound swell.

dish cooking studio

390 Dupont St.

416.920.5559

www.dishcookingstudio.com

Supperworks

Locations across the GTA

(416) 481-2778

www.supperworks.com

Yogamum

(647) 297-YOGA (9642)

www.yogamum.com

Flirty Girl Fitness

462 Wellington St. W

416-920-1400

www.flirtygirlfitness.com

Forget-me-not Photography

(416) 564-3786

www.forgetmenotphoto.ca

